Diabetes Quality of Life (DQOL) Questionnaire


Contact Information – See instrument website.

Price & Availability – Published in original citation.

Brief Description of Instrument – Diabetes specific measure of health related quality of life for use with adults and adolescents.

Scale Format – 5-point Likert scale. 1 - Very Satisfied, 5 - very dissatisfied. 46 items.

Administration Technique – Self-administered questionnaire.


Test-retest Reliability – Range for adults, .78-.92, p<.0001. Range for adolescents, .86-.92, p<.0001.

Internal Consistency - Cronbach’s alpha .92 for total scale. Subscales: satisfaction .88-.86, impact .77-.85, worry diabetes .66-.67, social/vocational concerns .83-.87.

Construct Validity – Correlated with Symptom Checklist-90-R (SCL), the Bradburn Affect Balance Scale (ABS), and the Psychosocial Adjustment of Illness Scale (PAIS).
Content & Face Validity – Items derived from, literature review, clinical experience of health professionals and patients.

Limitations – Scales are conceptual, not validated by factor analysis.

Notes for Consideration – 16 questions assess school experience and family relationships for adolescent patients living with parents.
