Diabetes Quality of Life (DQOL) Questionnaire


**Contact Information** – See instrument website.

**Price & Availability** – Published in original citation.

**Brief Description of Instrument** – Diabetes specific measure of health related quality of life for use with adults and adolescents.

**Scale Format** – 5-point Likert scale. 1 - Very Satisfied, 5 - very dissatisfied. 46 items.

**Administration Technique** – Self-administered questionnaire.

**Factors and Norms** – Four subscales: life satisfaction, diabetes impact, worries about diabetes, and social/vocational concerns.

**Test-retest Reliability** – Range for adults, .78-.92, p<.0001. Range for adolescents, .86-.92, p<.0001.

**Internal Consistency** - Cronbach’s alpha .92 for total scale. Subscales: satisfaction .88-.86, impact .77-.85, worry diabetes .66-.67, social/vocational concerns .83-.87.

**Construct Validity** – Correlated with Symptom Checklist-90-R (SCL), the Bradburn Affect Balance Scale (ABS), and the Psychosocial Adjustment of Illness Scale (PAIS).
**Content & Face Validity** – Items derived from, literature review, clinical experience of health professionals and patients.

**Limitations** – Scales are conceptual, not validated by factor analysis.

**Notes for Consideration** – 16 questions assess school experience and family relationships for adolescent patients living with parents.
