Category: Role evaluation, patient's health status, mental health, Step 8

Name of Instrument

Beck Youth Inventories

Original Citation (Pub Med ID and link)

Contact Information

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Price & Availability

Forms and manual available for purchase. See Pearson Assessment and Information website for more information;
Brief Description of Instrument

The Beck Youth Inventories is made up of 20 item scales, including the Beck Youth Depression Inventory, the Beck Youth Anxiety Inventory, the Beck Youth Anger Inventory, the Beck Youth Destructive Inventory and the Beck Youth Self-Concept Inventory. The Beck Youth Inventory is a self reported instrument for youth 7 to 18 years and is widely used in research and clinical settings. Each inventory contains 20 statements about thoughts, feelings and behaviours associated with emotional and social impairment in youth. Children and adolescents describe how frequently the statement has been true for them. Items are written at a 2nd grade level.

Scale Format

4 point frequency scale with anchors of 0:Never and 3:Always.
Administration Technique

Self administered questionnaire

Scoring and Interpretation

A total score is calculated for each inventory by summing its 20 items, and standardizing to t scores with a mean of 50 and a standard deviation of 10. The higher the youth's t score on depression, anxiety, anger and destructive behaviour scales, the higher the distress the youth is experiencing. For the Youth Self-Concept subscale, scoring is in the opposite direction.

Factors and Norms
Assessing depression, anxiety, anger, destructive behaviours and self-concept.

**Internal Consistency** — Internal consistencies of the five inventories were all high (coefficients > .84).

**Construct Validity** — Please see user's manual for psychometric information. Normative research has been conducted on many unique populations by different researchers. Conduct literature search to find information on your population of interest.
Published APN Studies Using Instrument


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