
**Contact Information**
Marvin Zuckerman  
Professor Emeritus  
1500 Locust St., Apt. 4013  
Philadelphia, PA 19102 USA  
zuckerm@udel.edu

**Price & Availability** – Available through Educational and Industrial Testing Service. Please see website for pricing details. Two versions of the questionnaire are available: 1) affect state measurement (anytime from immediate “now” to “today”); 2) affect trait (“how you generally feel”). Both forms contain the same list of adjectives but the instructions are different.

**Brief Description of Instrument** – Check list of 132 mood related adjectives. Useful for research on personality (trait form) or emotional state measures of change (today form).

**Administration time** – 5 minutes.

**Scale Format** – Check list.

**Administration Technique** – Self-administered questionnaire.

**Scoring and Interpretation** – Add anxiety, depression, and hostility totals to calculate dysphoria score. Add positive and sensation-seeking totals to calculate a summary score.

**Factors and Norms** – 5 factors: 1) positive affect, 2) sensation seeking, 3) hostility, 4)
depression and 5) anxiety.

**Test-retest Reliability** – Low positive retest correlations for state scales as an a-priori hypothesis. Please see citation for details. Correlations for affect scales ranged from 0-0.34.

**Internal Consistency** – Subscale alphas: Anxiety 0.80; Depression 0.82; Hostility 0.82; Dysphoria 0.90; Positive Affect 0.93; Sensation Seeking 0.74.

**Construct Validity** – Please see manual for validity study results.
